

The Chronic Pain Battery™



**A comprehensive and multidimensional
assessment and management tool for
chronic pain.**

What is it?

A self-administered, multidimensional assessment tool for all varieties of chronic non-malignant or cancer pain. The **CPB** takes a comprehensive pain history and performs a medical, psychological, behavioral, and social assessment, including a psychological screening using the widely recognized **SCL-90-R®**. It examines the many subtle issues necessary for successful treatment and makes appropriate recommendations. Available in English or Spanish.

Who uses it?

The **CPB** was developed for physicians, dentists, psychologists, and specialists in chronic pain evaluation and treatment. It is employed in premiere pain centers across the U.S. including numerous university and private pain clinics, hospitals, schools of medicine and dentistry, mental health and rehabilitation centers, industry and private practices. Clinicians frequently use it for consultative, worker's compensation, and disability evaluations.

Easy to administer

A time saving self-reporting tool with multiple choice and true/false questions completed in office or home in about one hour, often providing information more completely than by personal interview. Administration by secretary or nurse requires no professional time or training.

Steps

1. Secretary or nurse administers the **CPB**.
2. Secretary mails in the completed **CPB** for processing
3. Doctor reads the results within days.

or

process it using **CPB/Score™** software with keypad data entry or **Sentry 3000®** or **Scan-Tron®** optical scan.

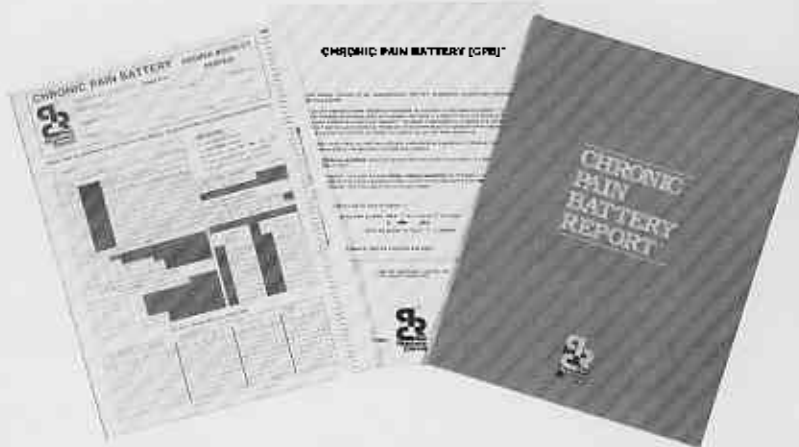
Simple to understand

The **CPB Report** is a fully interpreted and clearly written narrative report ready to read and apply. It describes the multi-dimensional aspects of the patient's pain problem and integrates all relevant findings along with recommendations for further action.

Report topics

The CPB assesses the multidimensional factors known to play a significant role with chronic pain. The report topics are as follows:

- **Demographic and Social History**
- **Past and Present Pain History**
- **Pain Description and Intensity Ratings**
- **Medication and Treatment History**
- **Medical History**
- **Personality and Pain Coping Style**
- **Psychosocial Factors**
 - Stress
 - Psychological Dysfunction
 - Depression
 - Somatization
 - Anxiety
 - Thought Disorder
 - Support System
 - Relationship with Health Providers
- **Behavioral-Learning Factors**
 - Prior Models
 - Illness-Behavior Reinforcement
 - Litigation-Compensation
 - Activity Levels
- **Patient Expectations and Goals**
- **Patient Problem Ratings**
- **Validity**
- **Summary and Recommendations Review**



Illness Behavior and Activity Levels**When
to use**

1. For evaluation of inpatients or outpatients having chronic or recurrent pain complaints (headache, backache, etc.) whether or not a physical cause has been identified.
2. Mailed to patients for prescreening in pain clinics and rehabilitation programs.
3. When comprehensive assessment is needed.
4. When a guide to evaluation and management is needed in complex cases.
5. Pre- and post-treatment to measure treatment effectiveness.
6. For disability, worker's compensation, and consultative evaluations with patients having chronic pain.
7. When documentation is needed for the medical record or courtroom.
8. When clinical or research database is desirable.

**What
to charge**

Commonly recommended charges range between \$100-200 or more, depending on time spent in interpretation and overhead.

**How
to bill**

Billable to third party insurance carriers as part of your comprehensive initial evaluation or separately using CPT 90825.

**Other
advantages**

1. Practical, effective recommendations
2. Confirms your impressions
3. Helps avoid errors and omissions
4. One page summary and recommendations for quick review
5. Validity checks
6. Convenient monthly billing or discounts for prepaid mail-in scoring service.
7. Software for immediate results at discounted prices.
8. Optical scan answer sheets with Sentry 3000® or Scan Tron® 1400 optical scanners.
9. Build your practice through referrals for testing.
10. Our staff is always available for help, CALL:
1-800-542-PAIN

SCL-90-R® trademark of Leonard R. Derogatis, PhD
Sentry 3000® trademark of National Computer Systems, Inc.
Scan-Tron® trademark of Scan-Tron Corporation

The CPB

An Evaluation and Treatment Guide

Mail-in scoring

Send answer sheets in as needed for scoring. Reports are returned the same day and you are billed monthly based on the number of reports processed. Prepaid report processing discounts. This option requires little or no staff time, and is simple and convenient.

Software

CPB/Score™ is a sophisticated, menu driven scoring program for the CPB. Keypad, disk or optical scan data entry using either Sentry 3000® or Scan-Tron® 1400 optical scanners. Each disk holds 10, 25, 50 or 100 scorings with proportionate volume discounts. Both non-malignant and cancer versions available. A User Manual is provided with initial software order.

Requires IBM PC/XT/AT or compatible system with two double sided double density disk drives or one double sided double density disk drive with hard disk; DOS 2.1 or higher; 384K memory, and printer with 80 characters/line.

Getting started

To evaluate the CPB, order the **Examination Packet** by completing the coupon below.

Please send me a **Chronic Pain Battery Examination Packet**, including reusable question booklet, answer sheet (to be processed at no charge), information sheet, and sample report.

Non-malignant Cancer version

I have enclosed my check for \$20 (U.S. Funds Only)

Charge my VISA MC Card No. _____ Exp. Date _____

Name _____ Degree _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Specialty _____

Signature _____

Interested in: TMJ/facial pain test software

Pain Resource Center, Inc., P.O. Box 2836, Durham, N.C. 27715
919-286-9180 or 1-800-542-PAIN